

# Plastic surgery

Plastic and Aesthetic Surgery Unit of the University Hospital of Sassari is the facility of reference in the field for the North of Sardinia.

The medical and nursing staff are able to treat most of the issues connected to Plastic, Reconstructive and Aesthetic Surgery, in particular:

- skin cancer surgery; melanoma surgery with sentinel node search;
  - reconstructive breast surgery is practiced both with traditional techniques, such as expanders, implants and pedicle flaps, and with microsurgical techniques, with innovative procedures such as lipofilling;
  - Reconstructive cervical-facial post-tumor and post-traumatic surgery treated with local, pedicled and microsurgical flaps;
  - treatment of the results of trauma and/or burns; surgery for morbid obesity effects;
  - Correction of congenital malformations of the cephalic end and limbs;
- hand surgery: carpal tunnel syn, Guyon's canal syn, trigger finger, Dupuytren syn and trauma;
- Prevention and treatment of ulcers and in particular of those connected to diabetes.

It collaborates with departments such as General Surgery, Dermatology, Orthopedics, Oncology, Radiology and Pathology.

Many of the major aesthetic impairments can be solved with the most innovative and modern Surgery and Aesthetic Medicine techniques.

Such benefits, not being covered by the NHS, can only be paid as a private patient via the *intramoenia* system.

The following operations are performed:

- Facial cosmetic surgery: rhinoplasty, otoplasty, blepharoplasty, face lift, increase of the cheekbones, mentoplasty, lips, fillers, facial wrinkles, wrinkles around the mouth, Botox, hair transplantation;
- Cosmetic breast surgery: breast augmentation, breast reduction, breast lift;
- Cosmetic surgery of the body and limbs: liposuction - liposculpture, tummy tuck, thigh and arm lift, lipofilling.

## Ward

The ward consists of three patient rooms with two beds for a total of 5 beds intended for hospitalization and 1 bed for day surgery, a room used exclusively for ward dressings, a mess hall (meals at 12 and 6 pm), a room for the discussion of clinical cases and interviews with patients' relatives when needing additional information. At the center of the ward the registration desk is located where an employee will help patients dealing with the admission practices and filing folders.

The nursing team, coordinated by head nurse Giovanni Ruffino, consists of 13 nurses, 2 general nurses, 2 OSS's (Medical social workers) and two auxiliary collaborators.

The health care activity is carried out by all resident doctors with the help of medical trainees in the ward, the operating theatre and specialist outpatient clinics.

Opening times:

in the morning from 12 to 1 pm and in the afternoon from 7 to 8 pm.

Surgical operations in ordinary admission regime are normally carried out every Wednesday and Friday.

Patients must come to the ward on the day of the admission at 8 am, check in and file the medical records.

## Day surgery

The day of operation, in the day-surgery room, patients check in and file medical records.

On the day of the operation, the patients must bring the pre-operation tests required by the doctors of the unit; they are also advised to bring all their medical records: medical reports, discharge letters for any previous hospitalizations.

In the days following the operation, dressings will be taken care of at:

from Monday to Friday from 8.30 am to 1.30 pm.

### **Outpatient surgery**

It is a procedure dedicated to surgeries performed under local anesthesia which does not provide any type of postoperative hospital stay, and therefore does not require a stay not even for a few hours.

It treats all benign and malignant skin cancers, scar revisions, reconstructive surgery outcomes.

The outpatient surgical activity is carried out:

Monday from 08.30 to 13.30

Tuesday from 8.30 am to 1.30 pm

Thursday from 8.30 am to 1.30 pm

Friday from 8.30 am to 1.30 pm